

Intuitive Ink Painting & the Zen Circle with Sherrie Lovler

**O'Hanlon Center for the Arts: Sunday, October 25, 2026 10am–3:30pm
with 1/2-hour lunch break (bring a bag lunch)**

These supplies are recommended. You can substitute, depending on what you have on hand and what you want to work with. Riley Street Art Supply in Santa Rosa and San Rafael have most of these supplies.

Brushes:

- One or two pointed brushes for mixing paints: Size 4 or 5 or (this brush should have some “spring” to it). Suggestion: [Kingart White Nylon Brush](#) or [Princeton Snap! Round](#)



- Inexpensive flat brush: Suggestion: [Royal & Langnickel Zen Brush - One Stroke, Short Handle 3/4" or 1"](#). Riley Street Art Supply in San Rafael and Santa Rosa carry the Zen Brushes.



Misc:

- Two containers for water (such as quart size yogurt containers)
- Sharp pencil 2H or similar
- Ruler — 12" or longer
- Paper towels or rags
- Scissors
- Glue stick
- Optional, but recommended: Small spray bottle with water
- Only if you already have this: small cutting mat, Xacto knife and metal edged ruler

You will have use of my Chinese brushes, but if you wish to buy one, we will be using:

Chinese Calligraphy Brush Yasutomo CC6
(Riley Street Art Supply or dickblick.com).



hair length: 2-1/8" Diameter: 1/2"

I will be supplying:

Paper, paint, cups for paint, sumi ink, Chinese brushes (to borrow), handouts and other items that are included in the \$20 materials fee.

I will have extra of most things, so if you don't have supplies or can't find them, I will have some.

If you have any questions, email me: sherrie@artandpoetry.com