

# The O'Hanlon Dreaming Exercise:

In what ways are you currently in contact with **O'Hanlon Center for the Arts**?

- I am a participant in at least one of the Center's programs.
- I'm a member of the Center.
- I'm in a position of leadership; i.e. I am on the Board or a Committee and/or lead one of the Center's programs or projects.
  
- I'm willing to be quoted and can be contacted for permission as follows:

Name: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ and/or Email: \_\_\_\_\_

Please email your Dream statement to: [office@ohanloncenter.org](mailto:office@ohanloncenter.org)

Or mail form to: O'Hanlon Center for the Arts  
616 Throckmorton Ave.  
Mill Valley, CA 94941

Please complete/return forms by : **April 30, 2017**

## The Exercise

Relax and take at least 10 minutes to imagine the following: (Don't yet make any notes.)

*It is twenty years from today (2037)—the next generation from now. Your children (or grandchildren) have grown to adulthood. They have their own children. The world that these children have inherited is a good world, a better world than the one you once knew.*

*What does it look like? How and where do people live? How do they learn? What do they do for work? How do they travel? How do they communicate & socialize? What kinds of recreation do they enjoy?*

Now, please write out an answer to this question:

**In 2037, what is the O'Hanlon Center doing to help people live in, and enjoy, this better world?**

*(Use both sides of this page if necessary):*